



# VILMA L. IKE

## Objective

A compassionate and dedicated Caregiver with experience providing personal care, emotional support, and daily assistance to patients of all ages. Skilled in assisting with activities of daily living such as bathing, feeding, mobility support, and medication reminders.

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127/1 RO PO CHO, Nothaburi 320 Road  
Bang Rak Phatthana, Bang Bua Thong  
District Thailand

## Education

### College, 2004 - 2006

Computer Secretarial  
AMA  
Quezon City, Philippines

### Caregiver Graduate with NC II Certificate, TOR, Diploma

Philippine Healthcare Skills Training and Assessment Center Inc.  
Naga city camarines sur, Philippines  
April to December 2024 (6 Months)

## Skills

- Personal care assistance (bathing, grooming, toileting)
- Assisting with activities of daily living (ADLs)
- Elderly care and companionship
- Patient mobility and transfer support
- Meal preparation and feeding assistance
- Medication reminders and monitoring
- Basic vital signs monitoring
- Housekeeping and light cleaning

## References

**Analyn G. Canuto**  
Front Desk – Eurotel  
Hong Kong  
Contact Number: 0966 544 9920

**Rovie Sison**  
Front Desk  
San Jose del Monte, Bulacan  
Contact Number: 0991 667 7224

**Lanie Rivera**  
Front Desk – Eurotel  
Quezon City, Metro Manila  
Contact Number: 0956 336 2389

## Work Experience

### Caregiver, August 18, 2022 up to Present

Quezon City, Philippines

Patient Dialysis

- Assisting Dialysis Patient in the hospital 3 times a week taking medicine
- Assist with Dialysis Treatment: Assist the patient with dialysis treatment, including setting up equipment, monitoring treatment, and responding to any issues.
- Personal Care: Provide personal care and assistance with daily living activities, such as bathing, dressing, grooming, and toileting.
- Medication Management: Assist with medication management, including reminding the patient to take medication and monitoring for side effects.

### Caregiver, June 25, 2012 - August 10, 2013

Dela Costa San Jose Delmonte Bulacan, Philippines

Patient NGT

- NGT Care: Provide routine care and maintenance of the NGT, including checking the tube's placement, securing it properly, and ensuring it's functioning correctly.
- Feeding Assistance: Assist with feeding the patient through the NGT, including preparing and administering feedings, and monitoring for any issues.
- Medication Administration: Administer medications through the NGT, following established protocols and guidelines.
- Monitoring: Monitor the patient's condition, including checking for signs of complications, such as tube displacement or blockage.

### Caregiver, March 15, 2010 - April 20, 2011 (Deceased)

Padre Faura Manila, Philippines

Patient with tracheostomy and suctioning

- Tracheostomy Care: Provide routine tracheostomy care, including cleaning and dressing the stoma site, and ensuring the tracheostomy tube is secure and functioning properly.
- Suctioning: Perform suctioning procedures to clear the patient's airway, using sterile technique and following established protocols.
- Respiratory Support: Provide respiratory support, including oxygen therapy, and monitoring the patient's oxygen saturation levels.
- Vital Sign Monitoring: Monitor vital signs, such as oxygen saturation, heart rate, and blood pressure, and report any changes to healthcare professionals.

## Trainings

### Missionaries Of The Poor (With Certificate)

Cararayan Naga City Camarines Sur, Philippines  
January 9-19, 2025 (10 Days Duty)

### Caregiver

Naga City Camarines Sur, Philippines  
May 2, 2024 - Dec. 5, 2024

### Trained Nursing Assistant with Certificate

August 10-12, 2025

### Basic Nursing Skills with Certificate

August 13, 2025